

OCEANIA WEIGHTLIFTING FEDERATION

AFFILIATED TO THE INTERNATIONAL WEIGHTLIFTING FEDERATION

2009 ZKC EMAIL INTERNATIONAL CLUB TOURNAMENT

NEW RECORD SET: 144 CLUBS TAKING PART FROM THE 5 CONTINENTS

**Congratulation to the winning teams:
MTZ CLUB FROM CUBA AND THE COUGARS CLUB FROM AUSTRALIA**

The **ZKC** Email International club tournament which concluded on June the 30th has seen a record number of clubs enter from the five continents. **144** clubs took part with 662 competitors participating. (**481** males and **181** females entered the tournament.)

This tournament is now in its sixth year and is getting more popular every year. To receive results from Africa, Asia, Europe, America and of course Oceania is a huge achievement not only for the tournament but also for the Oceania Weightlifting Federation.

The winning club in the male section was the **MTZ Club from Cuba**, whilst in the female section it was the **Cougars Club from Australia**. Both clubs will each receive one Olympic barbell set from **ZKC** who is the sponsor of this years tournament.

Six years ago, the Email International Club Tournament, was set up by the O.W.F. specifically to give lifters at club level the opportunity to compete against other lifters world wide. These lifters would normally find it difficult to get an opportunity to participate at international level, especially the younger ones. And we are pleased that this tournament gives all clubs world wide, the chance to compete against each other without any cost whatsoever attached.

On behalf of the OWF, I would like to thank the General Manager of the **ZKC Company**, Mr. Zhang Zhiguo, for his support and contribution toward this event and also towards the development of weightlifting at club level worldwide.

In addition I would like to thank Dr. Tamas Ajan (President of the IWF) and the IWF office for supporting and promoting this event.

The Oceania Weightlifting Federation wishes to thank every club which has taken part in this year's tournament and congratulations to the individual winners and the winning clubs.

Below you will find some interesting statistics regarding this years event.

Thank you again to all clubs.



Paul Coffa MBE
GENERAL SECRETARY

July 6th , 2009

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Interesting statistics

Final entries : 662 competitors **Male**: 481 entries **Female**: 181 entries

Clubs : 144 paticipating

Best female lifter on Sinclair formula: Ele Opeloge - Samoa 75+kg category, 280kg Total

Best male lifter on Sinclair formula: Yoelmis Hernandez - Cuba 85Kg category, 356Kg Total

Winning club: Male MTZ Club from Cuba **Female** Cougars Club from Australia

Youngest competitor Male : from Canada born in year 2000

Youngest competitor Female : from Canada born in year 2000

Oldest competitor Male : from Australia born in year 1924

Oldest competitor Female : from Australia born in year 1937

Highest clean & jerk : Male: 204kg by Sylwester Kolecki (Poland)
Female: 155kg by Ele Opeloge (Samoa)

Highest snatch: Male: 165Kg by Sertanis Teran (Cuba)
Female: 125kg by Ele Opeloge (Samoa)

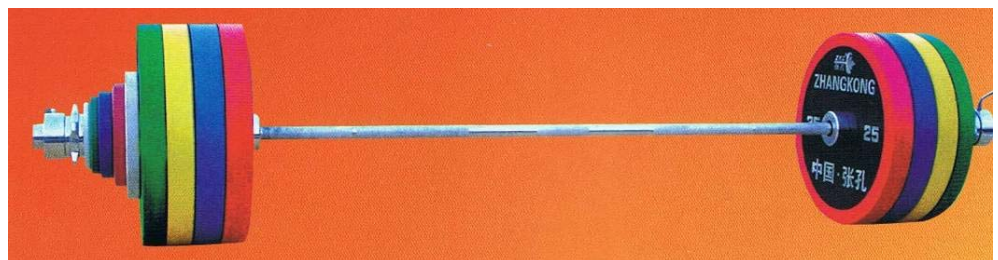
Club with most entries: Male: Cochrane club from Malaysia- (19 entries)
Female: Cougars Club from Australia (13 entries)

Lowest bodyweight: Male: 31.40 lifter from Canada
Female: 24kg lifter from Finland

Heaviest bodyweight: Male: Shezad Nandoo from Maurutius B/W 155kg
Ffemale: Narita Viliamu from Niue b/W 140kg

First country to enter this years tournament: Mauritius

Last country to enter this years tournament: Malta



Ele Opeloge –Samoa +75kg